

**Crossroads is a Manx registered charity that has been providing respite to local carers for more than 30 years.**

**Our services help all carers regardless of age or individual care needs.**

**To find out more about our Carer Advocacy and Listening Support or our other services please get in touch.**



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Isle of Man Registered Charity Number 383



**CARER ADVOCACY  
& LISTENING SUPPORT**



**Our Carer Advocacy and Listening Support is a service for carers that offers independent support and advocacy.**

Our Listening Practitioners will work with you to find out what is important to you and will support you to make informed choices. They will also support you to say what you want, achieve your goals and access the services you need.

**OUR VALUES**

- To ensure your rights are upheld
- To ensure your views, wishes and needs are heard
- To respect your choices
- To act upon your decisions
- To provide a safe, empathetic and understanding environment

Our Carer Advocacy and Listening Support is a free, independent and completely confidential service, and is available to all carers who are experiencing carer stress or changing circumstances, or those who need signposting to additional services and care packages.

For more information about this service, please email our Listening Practitioners on [listeningpractitioners@crossroadsiom.org](mailto:listeningpractitioners@crossroadsiom.org) or call us on **01624 673103**.



**CROSSROADS SERVICES**

Crossroads provides services for all carers and people with care needs. Our services include:

- Care at Home
- Premium Project
- Nursery
- Holiday Scheme
- Crossroads Community Venture
- Social Club
- ASK
- Young Carers
- Nursery Outreach
- Benefits Support

**3 IN 5  
PEOPLE  
WILL BECOME  
A CARER  
DURING THEIR  
LIFETIME**