

Crossroads is a Manx registered charity that has been providing respite to local carers for more than 30 years.

Our services help all carers regardless of age or individual care needs.

To find out more about ASK or our other services please get in touch.



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Isle of Man Registered Charity Number 383









**ASK**ASSISTANCE • SUPPORT • KINDNESS





# DO YOU NEED HELP AT HOME?

We can offer support to help you live independently. All you have to do is ASK.

## **ABOUT ASK**

ASK is an independent living support service offered by Crossroads. Our carer support workers are trained to deal with all ages, disabilities, care needs and frailty issues.

#### **HOW WE CAN HELP**

Many of us have times in our lives where we could do with a little extra support. Crossroads' carer support workers can help with tasks including:

- Housework
- Arranging and taking you to appointments
- Dressing
- · Bathing and continence care
- · Meal preparation
- Sitting service
- Getting up and going to bed
- Pet care

We can provide a range of support to help make your life a little bit easier.

Our service runs Monday to Sunday, from 7am to 10pm. Overnight and bank holiday care is also available. Prices are available upon request.

# **OUR GUARANTEE**

We guarantee quality care and trusted, reliable staff to provide care in your own home with care packages tailored to meet your needs. Whatever you ask we guarantee that we will do our best to provide it to the highest standard.

## **OUR VALUES**

- To provide person-centred care to help you remain independent for longer
- To respect your dignity
- To protect your privacy
- To safeguard your rights
- To promote choice
- To keep you safe
- To listen to what you need



# **WHO CAN USE ASK**

We can provide support to anyone needing domiciliary care services. Our carer support workers are given specific training and can support all ages and care needs, anywhere on Island.

