

Who are they? What do they do?

A carer is someone who provides unpaid care and support to a family member, friend, partner or neighbour whose health and well-being would otherwise suffer.

1,000

The number of young carers across the Isle of Man

3 in 5
people will become a carer during their lifetime, sometimes more than once

It is estimated that there are more than
10,000
carers living in the Isle of Man

Carers can provide both practical and emotional support to the people they care for. Tasks can include:

- Cooking
- Cleaning
- Lifting and mobility assistance
- Medication administration
- Management of finances
- Health care management

Anyone can become a carer, at any time, due to a sudden event such as an accident, or through a gradual process when a person's physical or mental health slowly deteriorates.

Carers in the Isle of Man save the local economy between
£40 & £90 million
every year.

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