

**Crossroads is a Manx registered charity that has been providing respite to local carers for more than 30 years.**

**Our services help all carers regardless of age or individual care needs.**

**To find out more about Care at Home or our other services please get in touch.**



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Isle of Man Registered Charity Number 383



**CARE AT HOME**



**Our Care at Home scheme provides a trained carer support worker to take over from the carer for a few hours each week.**

Carer support workers allow the carer to have a break from their caring role. They give carers time to go shopping, see friends and family, attend appointments or even catch up on some much-needed sleep.

**Our carer support workers take over the care responsibilities to create immediate and sustained respite giving carers time to be themselves away from their caring role.**

We carry out a full assessment of both the carer and the person(s) they care for before beginning the service to develop a tailored, comprehensive care plan that meets the needs of the cared for and to ensure carers are aware of the service we will be providing.

All of our carer support workers are fully trained to deal with all care needs and all have experience of providing care. We also ensure that all of our carer support workers are insured and police checked before carrying out any care.

**3 IN 5  
PEOPLE  
WILL BECOME  
A CARER  
DURING THEIR  
LIFETIME**



**IT IS ESTIMATED  
THAT THERE ARE OVER  
10,000 CARERS  
LIVING IN THE ISLE OF MAN**

## **ABOUT CARERS**

A carer is someone who provides unpaid care and support to a family member, friend, partner or neighbour whose health and well-being would suffer without their help. This could be due to illness, disability, frailty, a mental health issue or addiction or substance misuse problems.

A carer can be a person of any age, from a child to an adult. Carers may care for more than one person, and some themselves may have a disability or illness.

Anyone can become a carer, at any time, due to a sudden event such as an accident, or through a gradual process when a person's physical or mental health slowly deteriorates.